

CAMP PELICAN - 2010 SEASON

LET'S DO LUNCH AT CAMP PELICAN!

Dear Parent,

We're very excited to share our lunch program details with you. The complete menu for the 2010 season is on the back of this page. **This season, we've eliminated all nut products in response to your concerns about food allergies among our campers.**

Keep it handy to remember what's being offered each day. It's also posted in the Forms & News section at www.pelicandaycamp.com. Here's how the lunch program works:

- Campers may enroll for the full five day lunch program (Monday - Friday). Campers must enroll for a minimum of 4 weeks.
- Campers may elect to bring their own lunch and just sign up for Monday Chicken Nuggets, Thursday Pizza Days or Friday BBQ or all three. That's right, instead of just having our traditional Friday BBQ option, you may also choose a Monday Chicken Nuggets, Thursday Pizza option or any combination.
- Each day's selection will be accompanied by the following items:

Mondays - Baby Carrots & Jello

Tuesdays - Celery Sticks & Pretzels

Wednesdays - Sliced Cucumbers & Brownies

Thursdays - Pudding Cup

Friday - Watermelon & Chips

- Substitutions are always available. You may substitute either a Cream Cheese & Jelly Sandwich or Turkey Sandwich for any menu selection. Of course, it will still come along with the items listed above. **If you wish to make substitutions, please contact us by June 15th** at 203-622-6654 or info@pelicandaycamp.com.
- Campers may enroll in the lunch program at anytime, even during the season. If you would like to enroll your camper in the lunch program now, please let us know at 203-622-6654 or info@pelicandaycamp.com. No payment is necessary at this time, we'll just add the lunch fees to your current balance.

Full Lunch (Monday - Friday/ includes Pizza & BBQ)

Chicken Nuggets **or** Pizza **or** BBQ
(Fees are for each per week)

7 Wks. - \$325
6 Wks. - \$300
5 Wks. - \$275
4 Wks. - \$250

7 Wks. - \$65
6 Wks. - \$60
5 Wks. - \$55
4 Wks. - \$50

2010 SEASON MENU

June 28 - Chicken Nuggets

29 - Ham & American Cheese on a Bagel

30 - Grilled Cheese on Whole Wheat Bread

July 1 - Pizza Day (every Thursday) - 2 pizza slices & Pudding Cup

2 - BBQ (every Friday) - Hamburger/Hot Dog, chips, corn & watermelon

5 - **NO CAMP TODAY - HAVE A GREAT 4TH OF JULY!**

6 - Turkey & American Cheese on a Bagel

7 - Grilled Chicken Sandwich on a Roll

8 - Pizza Day (every Thursday) - 2 pizza slices & Pudding Cup

9 - BBQ (every Friday) - Hamburger/Hot Dog, chips, corn & watermelon

12 - Chicken Nuggets

13 - Turkey & Swiss Cheese on a Bagel

14 - Grilled Cheese & Bacon on Whole Wheat Bread

15 - Pizza Day (every Thursday) - 2 pizza slices & Pudding Cup

16 - BBQ (every Friday) - Hamburger/Hot Dog, chips, corn & watermelon

19 - Chicken Nuggets

20 - Turkey & American Cheese on a Bagel

21 - Grilled Chicken Sandwich on a Roll

22 - Pizza Day (every Thursday) - 2 pizza slices & Pudding Cup

23 - BBQ (every Friday) - Hamburger/Hot Dog, chips, corn & watermelon

26 - Chicken Nuggets

27 - Ham & Swiss Cheese on a Bagel

28 - Grilled Cheese & Bacon on Whole Wheat Bread

29 - Pizza Day (every Thursday) - 2 pizza slices & Pudding Cup

30 - BBQ (every Friday) - Hamburger/Hot Dog, chips, corn & watermelon

August 2 - Chicken Nuggets

3 - Turkey & American Cheese on a Bagel

4 - Grilled Cheese on Whole Wheat Bread

5 - Pizza Day (every Thursday) - 2 pizza slices & Pudding Cup

6 - BBQ (every Friday) - Hamburger/Hot Dog, chips, corn & watermelon

9 - Chicken Nuggets

10 - Turkey & Swiss Cheese on a Bagel

11 - Grilled Chicken Sandwich on a Roll

12 - Pizza Day (every Thursday) - 2 pizza slices & Pudding Cup

13 - BBQ (every Friday) - Hamburger/Hot Dog, chips, corn & watermelon